

## Leadership Communication Skills Program

...to develop awareness and expand consciousness of effective leadership communication while enhancing an individual's self-confidence through work with horses. Horses are compassionate teachers of basic life and leadership communication skills.



This training uses the metaphor of the nonviolent relationship-building and effective goal orientated cooperation with horses according to the principles of natural horsemanship.

During the training the participants get acquainted with the natural signals of horses and through their experiences in different tasks with horses they can draw a map of their effective ways of communication tools, find and improve new ones.

Empathy and ego-strength, conflict analysis and management skills, assertivity are also improving, the so called pacing-leading communicational technique is trained.



Participants learn principles of responsibility, relationships and communication including inter-species communication – on purpose to transfer these to several fields of their personal "leadership management" to cope better with difficult situations with colleagues, partners and employees.