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Annual
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Conference



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HORSE ASSISTED EDUCATION
HORSE DREAM®



What Makes a Horse Assisted Education Process to Become a Coaching?

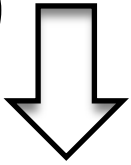
Gábor Suhai



- Coaching / consultancy / counselling / (psycho)therapy – distinctions and borderlines – respect competencies required (in spite of lack of official regulation)
- Coaching is goal-oriented: contract on concrete focus of development in order to increase performance
- Who is the customer? (Company? Line manager? The coachee?)
- Coach's personal life philosophy, judgements, biases, perceptual distortions must be excluded: no interpretation, just questioning and feedback of observations



Photography: seeing the light (Charlotte B. Venema, 2015)



Coaching: supporting the coachee to see his/her personal resources

The coach

- *does not want to teach anything concrete...*
- *escorts the client on the journey of becoming more aware and conscious in finding his/their own solutions...*
- *holds/contains the client when facing obstacles.*

... and what about the horse?

- Source of real time, distortion-and bias-proof behavioral feedback
- Mirror
- Projective surface
- „Object” of bonding





